

YOUNG ADULT GROUP LENTEN DISCUSSIONS

YOU'RE INVITED

The Young Adult Group invites anyone 18-40 to grow in your relationship with Christ this Lent as well as enjoy fellowship with other young adults by joining us at our Lenten discussions. Consider adding attendance at the Wednesday night Masses as part of your Lenten practice. Stay afterwards for Faith and Fellowship reflections followed a spiritually educational video and discussion with other young adults. Videos are brief presentations from Ascension Press.

WHEN & WHERE?

Starting **February 21st, each Wednesday of Lent after the 7pm Mass** we will gather in the Rectory basement. Meet in the Narthex of church to walk over together. Each week will focus on a different topic. Come for one session or come for all!

CONTACT US

Interested in receiving the video links but unable to attend the discussion sessions?

Email youngadults@stbarbaraky.org.



ST. BARBARA
CHURCH
Where people are saints & sinners



AT A GLANCE DISCUSSION TOPICS

- Turning Your Heart to God
- Understanding Fasting
- Giving Suffering Meaning
- Motivation
- "Offering It Up"
- Making Space for God

LEARN MORE

Contact Ross Emerson at youngadults@stbarbaraky.org with any questions or to learn more about the Young Adult Group.